



NEWS RELEASE

CONTACT:

Jo Ann Rice

(716) 887-7244

joann.rice@ctg.com

CTG ANNOUNCES AVAILABILITY OF 2009 ANNUAL MEETING PRESENTATION

BUFFALO, N.Y. — May 7, 2009 — CTG (NASDAQ: CTGX), an international information technology (IT) solutions and services company, today announced that it will post management's presentation to be given at its annual meeting of shareholders on the Company's web site at <http://www.ctg.com> on Wednesday May 13, 2009, at 10:00 AM Eastern Time. The Company's annual meeting will begin at that time at its corporate headquarters in Buffalo, New York. The presentation will focus on CTG's business strategy and review of its financial results in 2008 and the first quarter of 2009, as well as its outlook for the remainder of 2009 previously provided in its April 28, 2009, earnings release. The presentation will be archived in the investors section of the Company's web site for 60 days following the meeting.

About CTG

Backed by over 40 years' experience, CTG provides IT solutions and services to help our clients use technology as a competitive advantage to excel in their markets. CTG combines in-depth understanding of our clients' businesses with a full range of integrated offerings, best practices, and proprietary methodologies supported by an ISO 9001:2000-certified management system. Our IT professionals based in an international network of offices in North America and Europe have a proven track record of delivering high-value, industry-specific solutions. CTG serves companies in several industries and is a leading provider of IT and business consulting solutions to the healthcare market. CTG posts news and other important information on the Web at www.ctg.com.

Safe Harbor Statement

The above-referenced presentation will contain certain forward-looking statements concerning the Company's current expectations as to future growth. These statements are based upon a review of industry reports, current business conditions in the areas where the Company does business, the availability of qualified professional staff, the demand for the Company's services, and other factors that involve risk and uncertainty. As such, actual results may differ materially in response to a change in such factors. Such forward-looking statements should be read in conjunction with the Company's disclosures set forth in the Company's 2008 Form 10-K, which is incorporated by reference. The Company assumes no obligation to update the forward-looking information contained in this release.

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Today's news release, along with CTG news releases for the past year, is available on the Web at www.ctg.com.