



NEWS RELEASE

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CTG ANNOUNCES AVAILABILITY OF 2010 ANNUAL MEETING PRESENTATION

BUFFALO, N.Y. — May 6, 2010 — CTG (NASDAQ: CTGX), an international information technology (IT) solutions and services company, today announced that it will post management's presentation to be given at its annual meeting of shareholders on the Company's web site at <http://www.ctg.com> on Wednesday May 12, 2010 at 10:00 AM Eastern Time. The Company's annual meeting will begin at that time at its corporate headquarters in Buffalo, New York. The presentation will focus on CTG's business strategy and review of its financial results in 2009 and the first quarter of 2010, as well as its outlook for the remainder of 2010 previously provided in its April 27, 2010 earnings release. The presentation will be archived in the investors section of the Company's web site for 60 days following the meeting.

About CTG

CTG develops innovative IT solutions to address the business needs and challenges of companies in several higher-growth industries including healthcare, energy, and technology services. As a leading provider of IT and business consulting solutions to the healthcare market, CTG offers hospitals, physician groups, and regional health information exchanges a full range of electronic medical record services. Additionally, CTG has developed for the healthcare provider and payer markets unique, proprietary software solutions that support better and lower cost healthcare. CTG also provides managed services IT staffing for major technology companies and large corporations. Backed by nearly 45 years' experience, proprietary methodologies, and an ISO 9001-certified management system, CTG has a proven track record of delivering high-value, industry-specific solutions. CTG's IT professionals are based in an international network of offices in North America and Western Europe. CTG posts news and other important information on the Web at www.ctg.com.

Safe Harbor Statement

The above-referenced presentation will contain certain forward-looking statements concerning the Company's current expectations as to future growth. These statements are based upon a review of industry reports, current business conditions in the areas where the Company does business, the availability of qualified professional staff, the demand for the Company's services, and other factors that involve risk and uncertainty. As such, actual results may differ materially in response to a change in such factors. Such forward-looking statements should be read in conjunction with the Company's disclosures set forth in the Company's 2009 Form 10-K, which is incorporated by reference. The Company assumes no obligation to update the forward-looking information contained in this release.

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