



N E W S R E L E A S E

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James R. Boldt

Chairman and Chief Executive Officer

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CTG NAMES BRENDAN M. HARRINGTON SENIOR VICE PRESIDENT AND CHIEF FINANCIAL OFFICER AND JOHN M. LAUBACKER TREASURER

BUFFALO, N.Y. – September 19, 2006 - CTG (NASDAQ: CTGX), an international information technology (IT) staffing and solutions company, today announced that its Board of Directors appointed Brendan M. Harrington as Senior Vice President and Chief Financial Officer. A Certified Public Accountant, Mr. Harrington has served as CTG's Interim Chief Financial Officer since October 2005 and prior to that was the Company's Corporate Controller. Additionally, John M. Laubacker, who served as CTG's Director, Audit and Treasury Services, was named Treasurer by the Board.

CTG Chairman and Chief Executive Officer James R. Boldt commented, "As CTG's Interim Chief Financial Officer over the last year, Brendan has served very capably and we are pleased to appoint him to the position of Senior Vice President and Chief Financial Officer. Brendan's finance and accounting expertise, combined with his deep knowledge of and experience in both our Company and industry, will continue to serve CTG well in leading our financial operations. As a senior manager of our finance team for over 10 years, John also brings significant knowledge and experience to his responsibilities and we are pleased to promote him to the position of Treasurer."

Mr. Harrington joined CTG in February 1994 and served in a number of managerial financial positions in the Company's corporate and European operations before being appointed Corporate Controller in 2005. Prior to joining CTG, Mr. Harrington was a Senior Accountant employed by PriceWaterhouseCoopers from 1988 to 1994. Mr. Harrington holds a Bachelor of Science degree in Accounting from Canisius College.

A Certified Public Accountant, Mr. Laubacker joined CTG in 1996. As Treasurer, he is responsible for management of treasury, audit and financial reporting functions for CTG. Prior to joining CTG, Mr. Laubacker was a Senior Manager employed by KPMG from 1988 to 1996. He is a graduate of St. John Fisher College with a Bachelor of Science degree in Accounting.

Backed by 40 years' experience, CTG provides IT staffing, application management outsourcing, consulting, and software development and integration solutions to help Global 2000 clients focus on their core businesses and use IT as a competitive advantage to excel in their markets. CTG combines in-depth understanding of our clients' businesses with a full range of integrated services and proprietary ISO 9001:2000-certified service methodologies. Our IT professionals based in an international network of offices in North America and Europe have a proven track record of delivering solutions that work. More information about CTG is available on the Web at www.ctg.com.

This document contains certain forward-looking statements concerning the Company's current expectations as to future growth. These statements are based upon a review of industry reports, current business conditions in the areas where the Company does business, the availability of qualified professional staff, the demand for the Company's services, and other factors that involve risk and uncertainty. As such, actual results may differ materially in response to a change in such factors. Such forward-looking statements should be read in conjunction with the Company's disclosures set forth in the Company's 2005 Form 10-K and Management's Discussion and Analysis section of the Company's 2005 annual report, which are incorporated by reference. The Company assumes no obligation to update the forward-looking information contained in this release.

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Today's news release, along with CTG news releases for the past year, is available on the Web at www.ctg.com.